

S P L A S H

June 2016



New first aid and CPR guidelines coming

Every five years, first aid and resuscitation procedures are updated based on the latest research. The Lifesaving Society works with its partner training agencies to ensure a consistent interpretation of revised guidelines for Canada and is now updating its literature accordingly. The revised material will be available this fall. A summary of the changes will be posted on our website.

Relax. There are no major changes and nothing that affects "Must Sees." The important thing to know is that there is no change to the resuscitation standards for drowning victims and your existing training is still effective in saving lives.

Changes can be integrated easily into staff in-service sessions. There is no mandatory Lifesaving Society update clinic. Instructors should consult their employers about when to start teaching the updated content.

Evaluate candidates according to the protocols they were taught. Under no circumstances should candidates for Lifesaving Society awards who are taught under the 2010 guidelines be penalized because they do not perform the updated 2015 version.

Introducing Liability Insurance for Lifesaving Society Members

The Lifesaving Society Canada, in partnership with Marsh Canada Limited, is offering insurance protection available only to Lifesaving Society members who hold National Lifeguard certification.

Many of the Society's members work on contract, consult, and teach for organizations, communities and individuals. This coverage provides professional liability and general liability insurance for instructors, trainers and lifeguards who are teaching any Lifesaving Society course or providing safety supervision in Canada.

Eligibility: Lifesaving Society Canada members who are at least 18 years of age and who hold a current National Lifeguard certification are eligible. "Current" means within 24 months of the date of your last certification or recertification.

Coverage: The \$99.00 annual premium includes:

- Professional Liability: \$2,000,000 total limit per policy period; \$2,000,000 annual aggregate
- General Liability: \$5,000,000 total limit per policy period; \$5,000,000 annual aggregate

In today's world, it is important to have insurance that protects you and those you service on a professional level should an unfortunate incident occur and you are held liable. This coverage represents tremendous value for those who need insurance to access rental agreements, deliver Lifesaving Society programs independently from an employer (e.g., backyard pool lessons, supervise canoe trips), or who are seeking additional professional protections to support their career.

For more information and to apply, visit: www.nationallifeguard.ca and click on Professional Insurance in the top navigation bar.

2016 Maritimes Drowning Report

Nine out of 10 drowning victims in the Maritimes are men and those 20-24 years of age have the highest drowning rate of all age groups according to the latest Lifesaving Society research. The encouraging news is a decrease in the average overall water-related fatality rate in the Maritimes from 1.8 to 1.5 per 100,000.

Read the complete report at www.lifesavingnb.ca.



Lifesaving Society hosts World Conference on Drowning Prevention

The 2017 World Conference on Drowning Prevention is coming to Vancouver – a first for North America – and a unique opportunity for Canadian aquatics professionals to learn first-hand from world experts. Keep an eye out for information at www.wcdp2017.org.

Upcoming

July 24 – Lifesaving Sport Skills Clinics (Parlee Beach): Intro to Lifesaving Sport Clinic for 8-13 year-old swimmers; Open and Youth Clinic for those who are at least 14 years of age and hold Bronze Med., Bronze Cross or National Lifeguard. Details will be posted at www.lifesavingnb.ca.

July 25 – New Brunswick Waterfront Lifesaving Championships, Parlee Beach. Registration information will be posted at www.lifesavingnb.ca.

August 28-30 – Canadian Surf Lifesaving Championships, Parlee Beach. All Atlantic Canada clubs will take home a rescue tube and competition manikin courtesy of LifeguardDepot.com. Registration information will be posted at www.lifesavingnb.ca.

September 1-18 – ILS Lifesaving World Championships, Eindhoven and Noordwijk, The Netherlands: www.lifesaving2016.com.

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The Lifesaving Society is a national, volunteer organization and registered charity working to prevent drowning and water-related injury. Annually, over 1,000,000 Canadians participate in the Society's swimming, lifesaving, lifeguard and leadership training programs. The Society sets the standard for aquatic safety in Canada and certifies Canada's National Lifeguards.