

## Parlee Beach's Christine Ryan wins gold at National Champs

Canadian Surf Lifesaving Championships – Martinique Beach, NS: Christine Ryan captured New Brunswick's first gold medal since 2000 in the Open Women's 90 m Sprint in a competitive field. Christine followed up that performance with an exciting 2nd place finish in the Open Women's Beach Flags helping to lead team Plage Parlee Beach to a 6th place finish overall at the championships.

Other New Brunswick athletes with top 8 performances were: **Claire Leger** 7<sup>th</sup> in the U19 2 km Beach Run and 8<sup>th</sup> in the U19 Beach Flags. **Ariane Grant** 5<sup>th</sup> in the U19 Women 2 km beach Run. **Christine Ryan**, 5<sup>th</sup> in the Open Women's 2 km Beach Run. **Jocelyne Melanson** 6<sup>th</sup> in the Open Women's 2 km Beach Run. **Simon Leblanc**, 8<sup>th</sup> in the Open Men's Beach Flags.

Congratulations to all New Brunswick clubs who competed at the championships: Plage Parlee Beach, Canada Games Aquatic Centre (17<sup>th</sup> Overall) and Fredericton Lifesaving Club (18<sup>th</sup> Overall).

And thanks to the Nova Scotia Lifeguard Service for hosting another successful Canadian Surf Lifesaving Championships.



*Christine Ryan receives her gold medal for the Open Women's 90 m Sprint flanked by Sandrine Hamel (right) and Alex-Ann Touchette (left). Photo Credit: Klara Needler*



*2017 New Brunswick Waterfront Champions Plage Parlee Beach. From left to right, back row: Mathieu Pelletier, Maxime Lauzon. Middle row: Gabrielle Leger, Véronique Dégarie, Claire Leger, Ariane Grant, Jacob Saucier, Christine Ryan, Marcel Bourgeois. Front row: Zach Leger, Simon Leblanc. Photo Credit Wendy Mahony*

## New Brunswick Waterfront Lifeguard Championships

Fifteen teams from across New Brunswick and Nova Scotia competed August 15<sup>th</sup> at the 31<sup>st</sup> New Brunswick Waterfront Lifeguard Championships. For the 2<sup>nd</sup> consecutive year **Plage Parlee Beach Lifesaving Club** claimed the overall club championships banner.

Congratulations to the winners of each age category: U19 Women, **Ariane Grant** and **Claire Leger** (Plage Parlee Beach); U19 Men, **Maxim Lauzon** and **Jacob Saucier** (Plage Parlee Beach); Open Women, **Bea Lougheed** and **Leah Smal** (Mactaquac Beach); Open Men **Marcel Bourgeois** and **Simon Leblanc** (Plage Parlee Beach).

**Marcel Bourgeois** was selected by his peers to receive the **Dan Bourque Award** for outstanding sportsmanship.

Thank you to Parlee Beach Provincial Park for hosting the competition and to all the excellent volunteers who gave their time to make the competition such a success.

## My manager overruled me – now what?

Here's a real-life scenario: you're a lifeguard with a legitimate safety concern about your ability to scan an entire pool area. When you tell your manager, he or she overrules you and tells you to continue guarding without addressing the problem. Now you're left worrying about the safety of the patrons and also wondering if you'll be held liable if there's an accident. What should you do? National Lifeguard training teaches you that you are responsible to scan designated zones. It also teaches you that this should be done from one location and within a specific timeframe (10–30 seconds), and that as long as you can see all of the designated areas from one position – including the pool bottom of those areas – you are lifeguarding appropriately.

If you are concerned about a safety matter, you should address it with the owner/operator of the swimming pool (often the pool manager) right away. Then you should immediately put it into writing. Put a date on the document and keep a copy. Communication, including a discussion with the pool manager, will often resolve the issue.

Once you've identified a concern and transferred the responsibility to the pool manager/employer, you've done your job since your duty is to comply with your training. If an employer refuses to provide a safe work environment, you always have the option of leaving and finding another employer at an appropriate time.

## Save the dates

- **October 17-19** – ILS World Conference on Drowning Prevention (Vancouver). Visit [www.wcdp2017.org](http://www.wcdp2017.org)
- **April 28, 2018** – Lifesaving Society New Brunswick Annual General Meeting (Fredericton)

**Stearns lifejackets come in all sizes for all ages and any activity – swimming lessons, on the boat or your personal watercraft.**

**Infant – 20-30 lb. Child – 30-60 lb.**

**Youth – 60-90 lb. Adult – 90 lb. and over**

Order before October 31st and receive **FREE SHIPPING** with coupon code **M1FSHIP**

Visit [lifeguarddepot.com](http://lifeguarddepot.com)

Stearns lifejackets are approved by Transport Canada.



**Lifeguard  
Depot.com®**

The Lifesaving Society is a national, volunteer organization and registered charity working to prevent drowning and water-related injury. Annually, over 1,000,000 Canadians participate in the Society's swimming, lifesaving, lifeguard and leadership training programs. The Society sets the standard for aquatic safety in Canada and certifies Canada's National Lifeguards.