



LIFESAVING SOCIETY®
SOCIÉTÉ DE SAUVETAGE™
The Lifeguarding Experts
Les experts en surveillance aquatique

SPLASH!

Lifesaving news for New Brunswick Pools

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Did you know?

- The first lifesaving program offered in Canada was Bronze Medallion in 1896
- Lifesaving Sport is recognized by the International Olympic Committee
- The Lifesaving Society helped design the first ACTARs in Canada.

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Finding your summer staff...

Each spring, Aquatic Facilities scramble to find enough lifeguards to fulfill the needs of their seasonal aquatic facilities. With the demand for certified lifeguards more than doubling in the summer, there are a number of challenges that aquatic managers face to meet their staffing needs. There are some early steps that you can take to help meet your needs. The following tips will help.



1. Make your own lifeguards

Indoor facilities -April is a key time of year to offer an NLS course. Contact everyone who is eligible from your Bronze Cross courses and remind them of the jobs that will be open once they are fully certified.

Seasonal Facilities – contact the closest Indoor facility to see if they have an NLS course running this Spring to draw from.

Seasonal Facilities - Consider running an NLS Course as part of your staff training before your pool opens to the public. The Lifesaving Society can assist you in finding a qualified instructor.

2. Advertise Effectively and Early

- Post advertisements at the local high school or university.
- Contact the Swim Teams in the area as many of the team members have Lifesaving Training.
- Circulate your Advertisement to the Lifesaving Society where it will be posted on the Website and Facebook Page and in May Newsletter.

If you have staff that you know are returning to you this summer you may want to take advantage of the courses that are being offered at the Lifesaving Society Provincial Leadership Clinic April 22 to25. See the article below outlining the event.

Junior Lifeguard Club



The Lifesaving Society's Junior Lifeguard Club accommodates 8-15 year olds of different abilities. Youths are encouraged to develop skills based on personal bests in swimming, lifesaving, fitness, knowledge, leadership and teamwork. The club provides high activity challenges in an energetic learning environment in the pool and on the deck. Community involvement and competition can also be part of the program.

For more information or to offer this program at your facility, please contact the office.

Safety reviews

For a minimal fee, The Lifesaving Society can conduct a Safety review of your facility to ensure that it is meeting industry standard.

For more information on this new service that we offer, please contact our Executive Director, Elizabeth Lamothe.

Provincial Leadership Clinic

This year's annual training clinic will be held in Miramichi on April 22, 23, and 24. The courses that will be offered are:

- Aquatic Manager
- Aquatic Supervisor
- Lifesaving Instructor (LSI)
- Examination Standards Clinic (ESC)

Registration package including a detailed description of the courses offered will be posted on the website in March. For more information please contact the office.

2009 AGM

The Lifesaving Society of New Brunswick will hold its Annual General Meeting in Miramichi on April 24th at 8pm.

More information to be posted on the website shortly.



Facility Profile— Centre Aquatique et Sportif de Dieppe

To serve the community better, the City of Dieppe opened its own aquatic facility last September. The *Centre Aquatique et Sportif de Dieppe* is located at 111 Aquatique Street, right next to the Nu Body. It has 2 pools which feature a 6 lanes pool with tarzan rope and a leisure pool with pirate ship, fountain, slide, a sitting area, and two 25m lanes.



It offers all your favorite aquatic activities such as recreational swims, special needs swims, lap swims, a learn-to-swim program, lifesaving courses, and aquafitness. Within the end of the year, the Centre's director, Luc Bujold, and the aquatic supervisor, Grégoire Cormier, who is a long time member of the Lifesaving Society NB, anticipate to offer other recreational activities such as water polo, volleyball, and other specialized programs. They should also have their own swim team, and have a partnership with the school district to offer swim lessons to the local schools in 2010.

Including the Centre Aquatique et Sportif, there is now 5 indoor aquatic facilities serving the Greater Moncton area.

Join our Facebook page to keep up to date with all of our events.

Search Lifesaving Society New Brunswick in Groups.

Product Profile— Training Manikin

The new Life-saving training manikin is a great product to add to your facility if you do not already have one.



It is easy to fill and to empty and can be used for lifesaving courses, lifeguard and lifesaving sport training and employee screening.

For more information, or to purchase one, please visit the Lifeguard store at:

www.lifesavingsociety.com

Volunteer Profile - Doug Trentowsky

Doug Trentowsky is the longest serving member of the Lifesaving Society New Brunswick Board of Directors. In the more than 35 years that Doug has been with the Lifesaving Society, he has worked to better the Society in numerous roles.

Doug is a family man who lives in the Saint John area. Currently working as a firefighter, he was the first Aquatics Coordinator at the Canada Games Aquatic Centre, when it opened. Doug is the only person in the world who has twice been awarded the Mountbatten Award, a Commonwealth-wide Rescue Award presented annually to a Lifesaving Society Member for outstanding action in a rescue.



Doug's involvement with the Lifesaving Society has included an outstanding history of Lifesaving training and instruction culminating in his status as a Provincial Trainer and involvement in the ongoing updating and revision of a variety of Society programs. Doug has expanded his influence as a Trainer of Lifeguards and drowning prevention internationally as a supporter of the Lifesaving Society in St. Lucia. In addition, Doug was a Championship Lifesaving Sport Athlete representing New Brunswick in a number of National and International Championships. Doug has built on that background to be the driving force behind Lifesaving Sport in New Brunswick today.

The dedication and expertise that Doug brings to the Lifesaving Society is supported by the sacrifices that his family, wife Brenda and their two children, make in recognition of the outstanding contribution that Doug makes to his community.

The Lifesaving Society would like to thank the entire Trentowsky family for their dedication to drowning prevention in New Brunswick and Canada.

Inservice Idea— Aquatic Survivor

A great activity to train your lifeguards and have fun is to create an "Aquatic Survivor" game at your facility.

By incorporating fitness and lifesaving skills in your challenges, your lifeguards get the opportunity to work as part of a team and build up on some of their skills.

Splash!

Splash! is a publication of the Lifesaving Society of New Brunswick.

For more information on our programs, visit

www.lifesavingnb.ca

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