

Introducing the new Bronze medal awards

The Lifesaving Society is excited to announce the official release of the revised Bronze medal awards! The update improves skill progressions for a seamless flow into National Lifeguard and sets candidates up for success as they move through the Society's lifesaving, assistant lifeguard and lifeguard continuum.

We outline the changes in three communiques:

- [What's new for instructors?](#)
- [What's new for recertifying Bronze Cross candidates?](#)
- [What's new for affiliates?](#)

Highlights include:

- Bronze Star focuses on swimming proficiency, lifesaving skill and physical fitness.
- Bronze Medallion reintroduces lifesaving strokes.
- Bronze Cross introduces fundamental assistant lifeguard skills.
- Standardized Bronze Medallion and Bronze Cross recertification exams.

There are no changes to prerequisites.

What Lifesaving Instructors need to know

1. Find out when your employer plans to launch the new Bronze program – they have until June 2022 to switch.
2. Attend an Explore Bronze Update Clinic before teaching the new curriculum.
3. Purchase the new [Bronze Medals Award Guide](#), which includes all the Test Items and Must Sees.

Is the Bronze Update Clinic mandatory? Is it worth a credit towards my instructor recertification?

The Bronze Update Clinic is mandatory. You will receive 3 leadership recertification credits upon successful completion of the clinic.

Where do I get the new resources?

You can buy the [Bronze Medals Award Guide](#), as well as the [Medallion](#) and [Cross](#) workbooks from [LifeguardDepot.com](#) or email us at orders@lifesavingnb.ca

The new test sheets for full courses and recertification courses are on the Society's website in [Find a Form](#).

What Lifesaving Instructor Trainers need to know

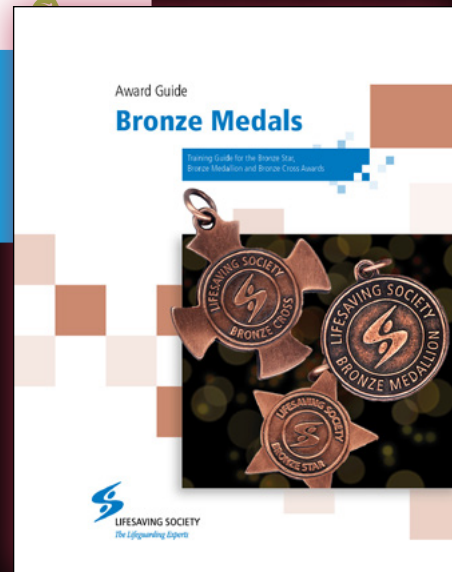
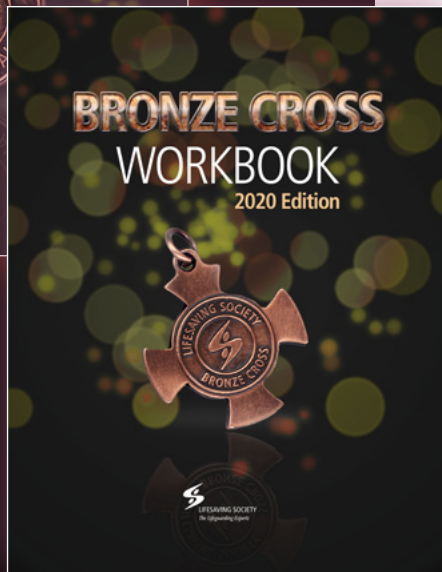
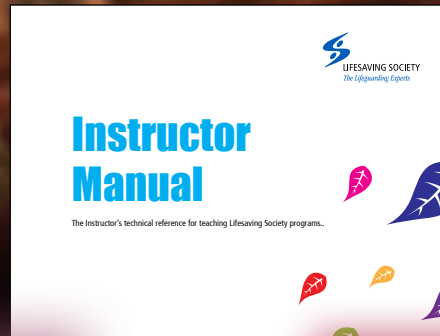
1. [Contact the Lifesaving Society](#) to register for an Explore Bronze Update Clinic before teaching your next Lifesaving Instructor Course.
2. Purchase and review the new [Bronze Medals Award Guide](#) (as well as the new [Instructor Manual](#) if you haven't already).
3. For more information, contact Program Manager [Grégoire Cormier](#).

Office Holiday Hours

Happy Holidays. The Society's office will close December 24, 2020 thru January 3, 2021. We will check voicemail and email periodically. Please leave a message or email info@lifesavingnb.ca. We reopen January 4.

EXPLORE BRONZE

The Bronze medal awards have been revised! Here are the resources that instructors and examiners need to be successful:



**Lifeguard
Depot.com®**

Get yours today! Click an image to learn more and order online at LifeguardDepot.com, or call 1-844-647-7033.

New Bronze test sheets are in *Find a Form* on our website.

LifeguardDepot.com is the online store of the Lifesaving Society. All proceeds from LifeguardDepot.com support drowning prevention and the development of young leaders through lifesaving sport.

New Bronze test sheets

The test sheets for the new Bronze medal awards are now available in English and in French in [Find a Form on our website](#).

Instructors, Examiners and recertifying candidates should take note that the Society has standardized Bronze Medallion and Bronze Cross recertification exams by designating mandatory – and only – items to be evaluated. To facilitate this, the Society has prepared separate Recertification test sheets that must be used when submitting Medallion and Cross recertification candidates for the new (2020) awards.

The new *Bronze Medals Award Guide* has been available since March and the award descriptions and test items have been updated accordingly in [Swimming & Lifesaving](#) and [Lifeguarding](#) on the Society's website.

Affiliates may implement the new Bronze medal awards at their convenience by June 2022, so instructors and examiners need to be ready. Check with your employer about when they plan to start using the new Bronze medals curriculum.

LIFESAVING SOCIETY
The Lifeguarding Experts
Bronze Cross Recertification
(Revised 2020)
This test sheet for Recertification exam candidates only
Side 1: Please record each candidate's name, and contact information accurately.

Birth	Prerequisites checked	Team search	Signal injury management	Object recovery and transport	Rescue drill: recover submerged victim	Endurance challenge – 400 m or yd	Two-person rescue 1: multiple victims	Two-person rescue 2: submerged victim	Assistant lifeguard situations	Result
1										
2										
3										
4										

LIFESAVING SOCIETY
The Lifeguarding Experts
Bronze Medallion Recertification
(Revised 2020)
This test sheet for Recertification exam candidates only
Side 1: Please record each candidate's name and contact information accurately.

Date of birth	Prerequisites checked	Self-rescue	Defence and releases	Submerged victim recovery	Endurance challenge – 400 m or yd	Rescue 1: firm land	Rescue 2: open water	Rescue 3: non-breathing victim	Result
1									
2									
3									
4									

PPE – Now Available

The Lifesaving Society sells Personal Protective Equipment including reusable and disposable masks, medical gloves, non-contact infrared thermometers, hand sanitizer, BVMs and BVM HEPA filter attachments, cleaning supplies and more.

Order now while supplies last. Visit [LifeguardDepot.com](#), email orders@lifeguarding.com or call 1-844-647-7033.

LifeguardDepot.com®

Join us at our 2021 AGM

The Lifesaving Society New Brunswick will host its 2021 Annual General Meeting by video conference on Saturday, April 24. Members and friends of the Society including instructors, examiners and affiliate representatives are cordially invited to attend. Invitations to the AGM will be circulated to members by email. To update your email address, contact Member Services Manager, [Sarah Hebb](#).

BULLETINBOARD

Complete 2021 fees and literature prices are posted in [Find a Form](#) on the Society's website. To allow for better planning and budgeting by Affiliate Members, the Society announces prices and fees one year in advance. We will post 2022 prices in January.

2021 Literature Prices

Canadian Lifesaving Manual	\$44.70
Canadian Lifesaving Manual with NEW Workbook (Medallion or Cross)	\$46.75
Bronze Medallion Workbook	\$4.00
Bronze Cross Workbook	\$4.00
Alert: Lifeguarding in Action	\$44.80
Coaching Lifesaving	\$28.35
Examiner Handbook	\$28.35
Instructor Manual	\$20.00
Trainer Manual	\$28.35
Canadian First Aid Manual	\$14.25
Canadian CPR-HCP Manual	\$11.45
Any single Award Guide	\$20.00
Swim Instructor Pack	\$49.70
Lifesaving Instructor Pack	\$59.90
Combined Swim and Lifesaving Instructor Pack	\$84.50
New Brunswick Public Pool Safety Standards	\$45.40

2021 Exam Fees

Canadian Swim Patrol (kits for class of 10)	\$15.50
Safeguard	\$10.75
Bronze Star	\$12.50
Bronze Medallion	\$17.00
Airway Management	\$10.75
Emergency First Aid (with CPR-B)	\$10.60
Standard First Aid (with CPR-C)	\$20.55
CPR-HCP	\$16.40

Bronze Cross or recert	\$21.40
National Lifeguard or recert	\$34.25
Lifesaving Sport Official	\$11.50
Instructor, Examiner, Instructor Trainer, Coach	\$30.00
Leadership Recert	\$30.00
(Each additional leadership recert at the same time \$8.95 to a maximum of \$60.00)	

Retail prices are the same for all affiliates throughout New Brunswick and include free shipping and handling.



Lifesaving Rescue Tube

- Constructed with new performance foam technology that boosts strength and resilience.
- Braided orange leash with high-quality shoulder strap designed for comfort and durability.
- Length: 37" Width: 5¾" Height: 3½"
- Compliant with International Life Saving Federation specifications for lifesaving sport competition.
- Bright yellow, lightweight and "RESCUE" embossed.
- Stainless steel clip and rings for secure "wrap'n'snap" around victim or manikin.
- Ideal for indoor and outdoor guarding in any aquatic setting.
- Price: \$86.71. Product code: 42.7400.00

**Order online at LifeguardDepot.com
or call 1-844-647-7033**

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